# SUSTAINABLE FOOD SUMMIT

Building an economically viable food system

Lucy Jones
Co-founder, The Cornish Food Box Company



#### Who Are We?



- Ecommerce grocery delivery business
- Specialists in delivering Cornwall's finest produce across Cornwall & the UK
- Started in 2010 by Tor & Lucy
- Food for the weekly shop that supports the Cornish economy
- Corporate hampers, foodie gifts, and holiday cottage welcome packs



#### How we shop has changed over the past 50 years...



and this has a massive impact on our farming industry, our environment and rural economy.

## Why is buying local food good for all of us?



- Economic Growth for Cornwall Circular economy, jobs, investment, upskilling
- Traceability & trustworthiness
- Secure future for our rural community
- Better for the environment recyclable packaging, low food miles, sustainable production





As consumers, we all have the power to make a difference by the choices we make everyday.

### **Ecommerce Platform**

- ~ 250PRODUCERS &1500PRODUCTS
- UK WIDE 5
   DAY/WEEK
   DELIVERIES
- BOXES & INDIVIDUAL ITEMS
- SUBSCRIPTION OR ONE-OFF ORDERS





One-off purchase (No subscription)

O Subscribe & Save 5% (?)

Add to Cart

C ADD TO WISH LIST

Award winning Cornish Food Boxes from the heart of Cornwall delivered to homes across the UK.

This box has been designed to give your family a great selection of veg, fruit, eggs, bread and Cornish milk. One of our BESTSELLING boxes!

including unhomogenised milk in glass bettles from Treleague Farm on The Lizard this box is perfect for those who want truly local milk delivered in returnable glass bettles. Treleague milk is milk how it used to be' with a creamy too and a completely natural process.

#### The box will include:

- Medium Veg & Fruit Box
- · Treleague Farm's Unhomogenised SS Cornish Milk 1ltr x 3
- · White Large Leaf,
- 12 free range St Ewe Eggs
- Cornish Spreadable Butter 250;

This box is only available for those who live in our local delivery area (Bodmin across to St Austell, and down to Lands End).

If ordered to other areas the milk will be changed to Trewithen Cornish milk which comes in 100% recyclable plastic bottles.

The veg, fruit and salad contents will change each week, and can change due to last minute availability.

Please leave your bottles out for collection when you have your next delivery so they can be returned to the farm and refilled



## A Sustainable & Economically Viable Food System...How do we achieve this?

- 1: Food production must be commercial
- 2: Accessible to all
- 3: Education
- 4: Support producers
- 5: Collaboration
- 6: Investment





#### Any questions?

www.thecornishfoodboxcompany.co.uk

lucy@thecornishfoodboxcompany.co.uk

01872 211533