

Public Health: Prevention and Early Intervention

Public health in education settings is about **helping young people to stay healthy** and **protecting** them from threats to their health.



Cornwall Healthy Schools

A joined up approach to supporting schools in Cornwall & IoS

Having health promoting and health protecting education settings is fundamental to attendance, attainment and most importantly children's health & wellbeing.



Healthy Schools Toolkit

We understand the pivotal role that schools play in shaping the lives of children, families, and staff. That's why we are currently working in partnership with local experts across Cornwall to create a new [Healthy Schools Toolkit](#):



Food, Nutrition and Dental Health



Physical Activity



Emotional Health & Wellbeing

A comprehensive approach to promoting physical, social, emotional, and mental health within the school environment.



Environment, Community & Responsibility

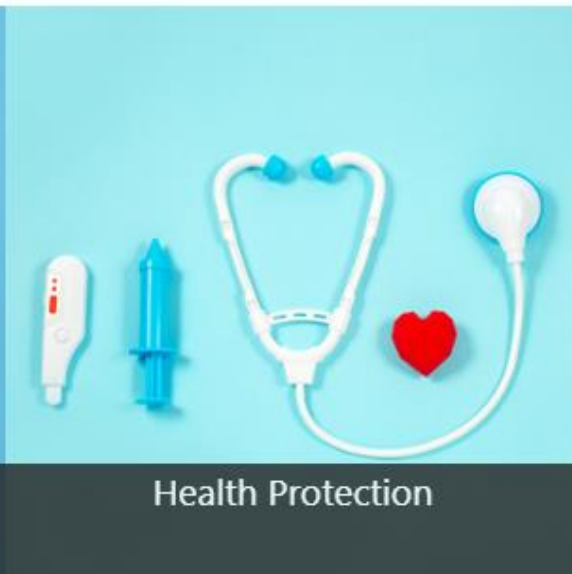


Health Protection



Workforce Wellbeing

Cornwall Healthy Schools Toolkit: Core Themes



Food, Nutrition & Dental Health

Promoting the health and wellbeing of students is a fundamental responsibility for schools. To support this goal, we have identified three key recommendations focused on the critical themes of healthy food choices and oral hygiene.

Each recommendation is supported by comprehensive links and resources, providing practical guidance for effective implementation. By embracing these initiatives, schools can create a nurturing environment that encourages lifelong healthy habits related to nutrition and dental care.

Key Recommendations:



Environment, Community & Responsibility

Promoting environmental sustainability and fostering a sense of community and responsibility are essential aspects of a school's role. To support this goal, we have identified three key recommendations centred around these core themes. Each recommendation is supported by comprehensive links and resources, providing practical guidance for effective implementation. By embracing these initiatives, schools can cultivate an environment of environmental stewardship, community engagement, and shared responsibility.

Key Recommendations:



Toolkit Launch

"Some of our children don't get access to lots of green spaces so this for us is really important.

We are extremely grateful for the help and support we have received from the team at Healthy Cornwall and community partners and volunteers in getting this project off the ground.

We are looking forward to seeing this space develop over time and are already using information from the Healthy Schools Toolkit to support us moving forward."

Joanne Banbury, Assistant Headteacher, Heamoor School



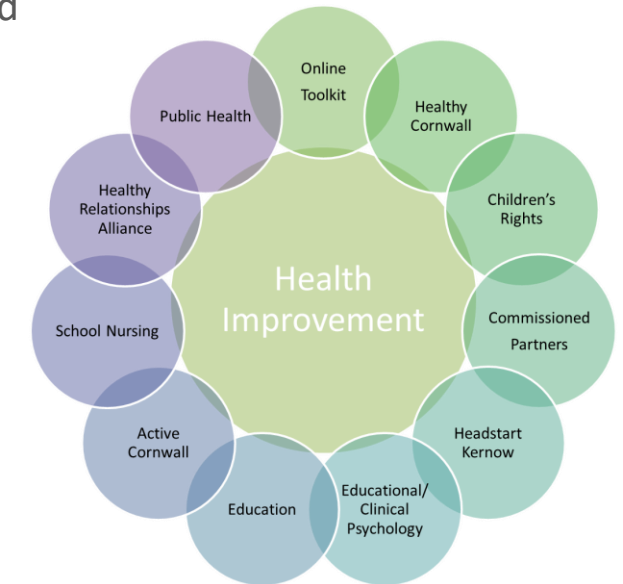
[Cornwall Healthy Schools Toolkit Launch - Heamoor Big Dig event](https://www.cornwall.gov.uk)

What level of support will be provided directly to schools?



Universal support for all schools:

- **Online resources:** [Healthy Schools Toolkit](#)
Access a comprehensive directory of local and national advice, guidance, and resources.
- **Online support** via email
- [Cornwall Healthy Schools newsletter](#) for updates and insights [sign up here](#)
- **Right On! Survey 2025:** registration opening for education settings soon



Targeted Support:

- All partners will continue to provide tailored additional support to schools with specific needs



Thank you / Meur ras

If you have any questions or comments

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